



# HNES Lunch Menu

# JANUARY 2010



Cost per meal: \$3.50 / Salads: \$4.50

Milk is not included. Cost of milk/juice: \$ .30 extra

Salads are available to order everyday.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
<b>*****CHRISTMAS BREAK*****</b>						
3	4 Pizza Carrot sticks Brownie	5 Soft beef taco Lettuce, tomato, cheese Peaches	6 Chicken & rice with peas & carrots Pineapple	7 Baked spaghetti Garlic bread Broccoli Fruit	8 Chicken nuggets Corn, fries Dessert	9
10	11 Pizza Carrot sticks Brownie	12 Beef burrito w/ cheese Peaches Dessert	13 Sweet & sour chicken over rice Peas Dessert	14 Lasagna Garlic bread Green beans Dessert	15 Hamburger Corn Fries Dessert	16
17	18 <b>NO SCHOOL MARTIN LUTHER KING'S BIRTHDAY</b>	19 Pizza Carrot sticks Brownie	20 Chicken corn dog Chips Green beans Dessert	21 Chicken alfredo Garlic bread Broccoli Dessert	22 <b>NO SCHOOL FOR STUDENTS TEACHER WORKDAY</b>	23
24 31	25 Pizza Carrot sticks Brownie	26 Nachos with chips Peaches Dessert	27 Mac & cheese Pineapple Dessert	28 Cheese ravioli Garlic bread Broccoli Dessert	29 Beef hot dog Chips Corn Dessert	30