



HNES Lunch Menu

March 2009



Cost per meal: \$3.50 / Salads: \$4.00

Milk is not included. Cost of milk/juice \$.30 extra

Salads are available to order everyday

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Cheese Pizza Salad w/ ranch dressing or Carrot sticks Brownie	3 Beef & cheese quesadilla Corn Fruit	4 Chicken corn dog Veggies Chips Fruit	5 Spaghetti with sauce/cheese Bread sticks Celery sticks Cookie	6 Chicken Nuggets (baked) Tater Tots Pickle Jello	7
8	9 Cheese Pizza Salad w/ ranch dressing or Carrot sticks Brownie	10 Chicken fried rice Fruit Cookie	11 Soft beef taco w/ cheese Lettuce & tomato (on side) Chips Fruit	12 Sloppy Nachos Taco Chips Broccoli Jello	13 Mac & cheese w/ Ham topping Peas Pudding	14
15	16 Cheese Pizza Salad w/ ranch dressing or Carrot sticks Brownie	17 Beef & cheese quesadilla Corn Fruit	18 Chicken corn dog Veggies Chips Fruit	19 Spaghetti with sauce/cheese Bread sticks Celery sticks Cookie	20 Chicken Nuggets (baked) Tater Tots Pickle Jello	21
22	23 Cheese Pizza Salad w/ ranch dressing or Carrot sticks Brownie	24 Chicken fried rice Fruit Cookie	25 Soft beef taco w/ cheese Lettuce & tomato (on side) Chips Fruit	26 Sloppy Nachos Taco Chips Broccoli Jello	27 Mac & cheese w/ Ham topping Peas Pudding	28
29	30	31	1	2	3	
*****SPRING BREAK*****						