

## HOLY NATIVITY EPISCOPAL SCHOOL EXTREME SPORTS 2018-2019 LINE-UP

(Please keep this handy as a quick reference.)

Registration form is included in this packet.

### HNES Contacts:

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The purpose of the Extreme Sports league is to provide a fun environment where Holy Nativity students can participate in a variety of sporting events on a recreational level and enjoy ample playing time. Good sportsmanship is a key component of this league and will be expected of all players, coaches, parents, and spectators at all times. We always need coaches, so please let us know if you would like to coach any of our teams.

### Co-ed Flag Football – location Holy Nativity

**Please turn paperwork into the front office.**

Registration weeks: August 17<sup>th</sup> - August 31<sup>st</sup>, 2018

Practice weeks begin: Sept. 4<sup>th</sup> and throughout season.

Games will include two halves of 20 minutes each with a 5 minute half time break.

Team A: K-2<sup>nd</sup> grade

Team B: 3<sup>rd</sup>-5<sup>th</sup> grade

Tentative Game schedule:

Tuesday, Sept. 26<sup>th</sup> Team A 4:00 p.m. / Team B 5:00 p.m.

Tuesday, Oct. 2<sup>nd</sup> Team A 4:00 p.m. / Team B 5:00 p.m.

Tuesday, Oct. 9<sup>th</sup> Team A 4:00 p.m. / Team B 5:00 p.m.

Tuesday, Oct. 16<sup>th</sup> Team A 4:00 p.m. / Team B 5:00 p.m.

Tuesday, Oct. 23<sup>rd</sup> Team A 4:00 p.m. / Team B 5:00 p.m.

Tuesday, Oct. 30<sup>th</sup> Team A 4:00 p.m. / Team B 5:00 p.m.

(An official schedule will follow once all teams have been formed.)

### Co-ed Basketball – location Covenant Christian School

Registration weeks: Oct. 29<sup>th</sup> - Nov. 10<sup>th</sup>, 2017

Practice weeks: Begin Nov. 13<sup>th</sup>, and continue throughout season.

Games will include four 8 minute quarters with a 5 minute half time.

Team A: K-2<sup>nd</sup> grade

Team B: 3<sup>rd</sup>-5<sup>th</sup> grade

Tentative Game schedule:

Tuesday, Nov. 27<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Dec. 4<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Dec. 11<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Dec. 18<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Jan. 8<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Jan. 15<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Jan. 22<sup>nd</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Jan. 29<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Feb. 5<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Feb. 12<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Feb. 19<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.

This season has been lengthened to accommodate more teams in each age group, with less players on each team, resulting in more playing time for each team member.

An official schedule will follow once the teams have been formed.

Co-ed Soccer – location St. John’s

Registration weeks: Feb. 18<sup>th</sup> – Mar. 1st, 2018

Practice weeks: Begin Mar. 5<sup>th</sup>, and continue throughout the season.

Games will include two 20 minute halves with a 5 minute half time break.

Team A: K-2<sup>nd</sup> grade

Team B: 3<sup>rd</sup>-5<sup>th</sup> grade

Tentative Game schedule:

Tuesday, Mar. 19<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Mar. 26<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Apr. 2<sup>nd</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Apr. 9<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Apr. 16<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Apr. 23<sup>rd</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.  
Tuesday, Apr. 30<sup>th</sup>, Team A 4:00 p.m. / Team B 5:00 p.m.

An official schedule will follow once all teams have been formed.

Cheerleading

Our cheerleaders will cheer for the Flag Football and Basketball seasons. They will not cheer for soccer. We will determine if we will have two squads to include a K-2<sup>nd</sup> grade and a 3<sup>rd</sup>-5<sup>th</sup> grade squad, or just one squad based on the number of students who sign up. Marie Robinette and Michelle Cool will be the Cheerleading Sponsors again. They will let you know when practices will be held.

HNES Extreme Sports - Registration Form  
2018-2019

Student Name: \_\_\_\_\_

Student Grade: \_\_\_\_\_

Parent Name(s): \_\_\_\_\_

Parent cell phone number: \_\_\_\_\_

Parent email: \_\_\_\_\_

I am willing to coach: ( Y / N )

My child is interested in the following sports:  
(please put an X next to all sports that apply)

Flag Football \_\_\_ Basketball \_\_\_ Soccer \_\_\_ Cheerleading \_\_\_

T shirt size:

YS \_\_\_ AS \_\_\_ YM \_\_\_ AM \_\_\_ YL \_\_\_ AL \_\_\_

Registration Fee: \$25.00 for the first sport, \$15.00 for any additional sport. Your child will receive one red Extreme Sports t-shirt at the beginning of the first season of play. This t-shirt is to be used for all sports in which he/she participates.

Please make checks payable to Holy Nativity Episcopal School and attach the registration form.

**Please take special note of the registration deadlines so that teams can be formed quickly and coaches can be secured.**